



Columbia County Department of Health

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Not Too Late To Get Your Flu Shot

Flu activity *usually* peaks in January or February in the United States, making fall an ideal time to get a flu vaccine. However, as long as flu season isn't over, it's not too late to get vaccinated.

According to the Centers for Disease Control the flu season is not over and in New York State, reports of influenza activity continue to be widespread.

The Columbia County Health Department has a limited supply of free seasonal influenza vaccine to offer county residents. An additional flu vaccine clinic is scheduled for Wednesday March 2nd, 2011 at the Health Department located at 325 Columbia Street 1st floor in Hudson. The Clinic will be held from 4:00 to 6:00 pm. No appointment is necessary.

County residents can call 828-3358 extension 1300, if you need additional information.